

DATES FOR YOUR DIARY - FEBRUARY 2012

February			
Wednesday 1 st	Brownies. History Society	Church Hall Wheatsheaf	6.00 – 7.15pm 7.30 pm
Thursday 2 nd	Youth Club	Pavilion	7.00 - 9.00 pm
Monday 6 th	Line Dance	Pavilion	7.00 pm
Tuesday 7 th	Bow Brickhill Club Zumba	Pavilion Pavilion	1.00 - 3.00 pm 7.30 - 8.30 pm
Wednesday 8 th	Drop in afternoon Brownies Buckaneers Model Club	Church Hall Church Hall Pavilion	2.30 - 4.30 pm 6.00 - 7.15 pm 8.00 - 10.00 pm
Monday 13 th	Line Dance	Pavilion	7.00 pm
Tuesday 14 th	John the Barber Zumba	Greenways Lay-by Pavilion	2.00 - 4.00 pm 7.30 - 8.30 pm
Thursday 16 th	Youth Club	Pavilion	7.00 - 9.00 pm
Friday 17 th	Parish Council Meeting (Please note change of date)	Pavilion	7.30 pm.
Monday 20 th	Line Dance	Pavilion	7.00 pm
Tuesday 21 st	Zumba	Pavilion	7.30 - 8.30 pm
Wednesday 22 nd	Brownies	Church Hall	6.00 - 7.15 pm
Thursday 23 rd	W.I. Topic 'Cancer dogs' ASTRA 500Club	Pavilion Wheatsheaf	7.30 pm 7.30 pm First draw
Sunday 26 th	All Saints Lunch Club	Church Hall	12.15 for 12.30 pm
Monday 27 th	Line Dance	Pavilion	7.00 pm
Tuesday 28 th	John the Barber Zumba	Greenways Lay-by Pavilion	2.00 - 4.00 pm 7.30 - 8.30 pm
Wednesday 29 th	Brownies	Church Hall	6.00 - 7.15 pm
March			
Thursday 1 st	Youth Club	Pavilion	7.00 - 9.00 pm

Bow Brickhill Parish News



Issue 1/2012/369

FEBRUARY 2012

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Bow Brickhill Parish Council

Parish Clerk: Debbie Mayer 07904 339391
Email: parish.clerk@bowbrickhill.org.uk

Councillors:

Chair: Beverley Thompson 372192
Deputy Chair: James Byles 07970 749422
RFO: Ann Sidgwick 368685
Cllr: Phil Thomas 378614
Cllr: John Mears 642441

Pavilion Caretaker: Eddie Chesse 370486
Pavilion Bookings: Gill Cannell 373602
bowbrickhillpavilion@gmail.com

Contacts:

A.S.T.R.A.: Alan Preen 647003
A.S. Lunch Club: Kay & Stuart 372032
Book Club: Beverley Thompson 372192
Bow Brickhill Club: Chris Loak 373768
B.B.F.C.: Odette Holland 370904/Roy Toombs 375151
Brownies: Sally Pepper 375365
Buckaneers: Derek Giles 374494
Church Wardens: Stuart Leeming 372032
Or John Wales 373907
Click & Clack: Elaine Boscott 377543
Or Gill Cannell 373602
Line Dancing: Jan Cade 07721 420176
Women's Institute: Sylvia Fox 378289
Website, E-Group &
History Society: sue@bowbrickhill.com
Youth Club: Beverley Thompson 372192

Danesborough Ward Borough Councillor for Bow Brickhill:
David Hopkins david.hopkins@milton-keynes.gov.uk

Thames Valley Police Non Emergency: (101)
RuralSouthNHPT@thamesvalley.pnn.police.uk

SERVICES IN THE BENEFICE — FEBRUARY 2012

Bow Brickhill All Saints

5th February
9.30am Holy Communion

12th February
11.00am Family Service

19th February
11.00am Matins

26th February
8.00am Holy Communion

Great Brickhill St Mary the Virgin

5th February
9.30am Holy Communion

12th February
9.30am Morning Worship
6.00pm Evensong

19th February
9.30am Holy Communion

26th February
11.00am Family Service

Little Brickhill St Mary Magdalene

12th February
11.00am Morning Worship

19th February
11.15am Family Service

26th February
9.30am Holy Communion

Stoke Hammond St Luke

5th February
11.00am Family Service

12th February
9.30am Holy Communion

19th February
8.30am Holy Communion

22nd February Ash Wednesday
10.30am Holy Communion

26th February
9.30am Morning Worship

Contact details for the Rector:

Tel: (01525) 261062 email: john.waller1@virgin.net
Address: The Rectory, 10 Pound Hill, Great Brickhill MK17 9AS

Your Opinion Counts

Super-fast broadband for Milton Keynes and surrounding areas

Milton Keynes is a modern city that needs a state of the art super-fast broadband network in order to ensure it stays ahead of the game when it comes to advances in technology for both business and residents.

Part of the process of getting super-fast broadband for all the areas of Milton Keynes is to collect information about the way broadband is currently used and its availability.

The other part of the process is understanding why you want super-fast broadband and your willingness to get it.

This on-line survey only takes a couple of minutes to complete and will help us in our campaign to get fast broadband into every local area.

Please visit: www.miltonkeynes.gov.uk/



NEW LIBRARY

The new library in Woburn Sands will be opened officially by the Author, Josephine Cox, on February 4th

Parkway Ironing Services

Your local independent ironing service in The Brickhills

Regular and non regular domestic contract work undertaken

Prices per kg or individual garments tariff available

For more information Call / Text 07817 538242



Surviving the winter

Age UK Milton Keynes can help people in later life who have difficulty in coping with cold homes through the winter period to the end of March 2011. Our staff will visit people in their own homes to give advice on reducing energy bills and offer **FREE** practical help in keeping warm by improving the energy efficiency to the home.

WE WILL:-

- Provide draught proofing free of charge
- Provide energy saving devices free of charge
- Advise on loft and cavity wall insulation. (free to some)

HARDSHIP FUND

This is available to help people over 60 who cannot afford essential items of equipment or services and to ensure they are warm and safe over the winter period.

Items / services which may be provided:

- Central heating boiler or help with repairs
- White goods
- Emergency Clothing
- Bedding
- Door repairs
- Lock repairs
- Kettles
- Microwaves
- Minor plumbing jobs
- Electrical work
- Portable heaters
- Shopping
- Emergency food
- Help with utility bills



If you think we can help then contact the Home Improvement Agency at Age UK Milton Keynes to book a free energy assessment

CHURCH NEWS

ALL SAINTS LUNCH CLUB



In December 22 guests and helpers enjoyed a traditional Christmas lunch together and thanks go to all those who prepared and helped serve the excellent festive meal.

On January 22nd our numbers were reduced to 18 due to winter chills and colds and best wishes go to our members who couldn't be with us to share another tasty lunch.

Our February meeting will take place in the church hall as usual on **Sunday 26th at 12.15pm for 12.30pm**. All are welcome, particularly anyone who is on their own, and to book in or for more information about the lunch club please contact Kay or Stuart on 372032.

CHURCH HALL DROP-IN AFTERNOON FEBRUARY 8TH



Do you enjoy meeting up with others for a chat over a cup of tea or coffee?

If so, drop in to the Church Hall on Church Road on **Wednesday afternoon February 8th** any time between **2.30pm and 4.30pm**.

CHURCH CLEANING



ROTA

February

Flowers

Cleaning

5th

D Kesterton

W Mills

12th

D Kesterton

W Mills

19th

A Spurdle

26th

LENT

A Spurdle

From egg and spoon to the Olympics : Milton Keynes celebrates

Our Sporting Life

Britain's Olympic Year gets off to an inspiring start this month with the opening of a special exhibition celebrating Milton Keynes' contribution to the nation's sporting life.

Alongside those athletic greats who've helped put MK on the sporting map the show features memorabilia, stories and film from the local people, schools, clubs and venues that make up our sporting grassroots. Milton Keynes is one of only 100 venues to be hosting an Our Sporting Life exhibition - which also includes fascinating footage and stories documenting the history of the Olympics and its UK connections.

Led by Milton Keynes Council in partnership with MK Dons Sports and Education Trust, Badminton England, National Badminton Museum, Living Archive and Milton Keynes Museum, Our Sporting Life runs from January 23 to April 30 in the foyer and Pitchside Bar of the stadiummk Hotel - and is free of charge.

Chance for public to share their sporting stories

"This is a chance for local people to see just how important sport has been in our lives both past and present, and get a real sense too of Milton Keynes' significance on the national and international sporting stage," explained Cheryl Butler, Our Sporting Life Project Co-ordinator Cheryl Butler. "We're also hoping visitors will be inspired to look in their cupboards and attics and share with us their stories and memorabilia so that through Milton Keynes Museum we can build on his brilliant collection."

Highlights of Our Sporting Life Milton Keynes include the chance to get up close and personal to the nose cone and wing of a Red Bull formula one car; and to that famous Grandstand camera trophy. The one on display was awarded to BBC Sports Personality of the Year's unsung hero of 2009 - local swimming teacher Doreen Adcock.

Blasts from the past

But visitors of all ages are likely to find some of the less familiar items just as fascinating. For a generation divided by the Vuvuzela at the 2010 football World Cup there's its equally noisy predecessor - a wooden football rattle from the 1960s. Badminton fans can trace the roots of their sport through a couple of shuttlecocks from the 1920s. While today's Speedo-wearing swimmers can feel grateful they don't have to grapple with the impractical turn-of-the-century swimwear on display. There'll also be those who recognise faces filmed running the mum's egg and spoon race at a Newport Pagnell school sports day in the 1950s!

Added Pete Winkelman, MK Dons Chairman: "At MK Dons we are proud to be a part of an area that has such a rich sporting heritage; one that we and all those who love sport in all its shapes and forms are constantly adding to. Milton Keynes' prowess in many Xtreme sports reflects our modern city and as well as top class football we can proudly boast of being home to the Red Bull Racing Formula 1 team and Badminton England, Premier basketball and ice hockey, as well as a wealth of grassroots clubs and sporting hobbies. "What better way to bring the excitement of this Olympic year close to home than to come and see the huge part sport plays in our lives and our local history?"

For more information on the exhibition see <http://www.oursportinglife.co.uk/what's-on/our-sporting-life-milton-keynes>

PARISH COUNCIL NEWS FEBRUARY 2012

Parish precept 2012-2013

Within the Council Tax for Milton Keynes, each Parish needs to set an amount that it requires for its local purposes. This is known as the Parish Precept. Last year, this was £13,000 and had not been increased for three years. This year we have reluctantly increased the precept to £14,500. There are two main reasons for this. The first is that the Parish Council had to bring forward a deficit of nearly £1,500 into the 2011-2012 financial year and considered that this could not continue. The second is that the Pavilion is now twenty years old and requires considerable refurbishment and maintenance. We hope to fund this from grants wherever possible but we cannot rely on receiving these. We are also reviewing the hire rates for the Pavilion but there is a limit to how much we can increase these without hirers being unable to bear the cost.

February meeting

Please note that the next meeting of the Parish Council will take place on Friday 17th February at 7.30 p.m. in the Pavilion, rather than the scheduled date of 9th February.

Blind Pond Farm

Following complaints from residents, the Parish Council approached the owners of Blind Pond Farm to point out unacceptable working practices at the site. As a result, the owners have written to the tenants reminding them of their conditions of tenancy and, following a further complaint, have spoken again to one of tenants. We are pleased that the owners are taking complaints seriously and we will continue to monitor the situation.

Traffic and Parking Issues

Following a request from Ward Councillor David Hopkins, Andy Hudson of MK Council contacted the operators of Bletchley Landfill at Newton Longville to request that Fred Sherwood waste lorries should not access the site via Bow Brickhill. This was done and the haulier has instructed its drivers to keep to the grid roads. Please report any sightings of waste lorries to the Parish Clerk, who will inform Mr Hudson.

In November, members of the Parish Council met Melissa Jones from MK Council, who is working on an Urban Design/Traffic Scheme covering the entrance to the village from Woburn Sands up to the Church Road junction. We are hoping that her initial ideas will be ready for discussion at the 17th February meeting of the Parish Council. At the same time, we are hoping that the long-requested speed limit of 20 mph in Church Road will be discussed.

Rushmere Close residents have reported difficulties with cars parking in the Close, particularly on Saturdays. The Parish Council has agreed to purchase traffic cones and issue two to each house, so that householders can place these as required to deter inconsiderate parking.

PARISH COUNCIL NEWS FEBRUARY 2012 (Continued)

Policing changes

Sgt Andy Paulden attended the January meeting to inform us of planned restructuring of police services to the rural areas, which are expected to be implemented later this year. The plan is to keep the same number of police officers but to re-organise in order to deploy officers more effectively. Currently, there are 33 neighbourhoods, with one officer for each. This is being reduced to 13, with between one and three officers each. Bow Brickhill will fall within the new South Sector based in Kingston rather than Newport Pagnell and will be the responsibility of the new Danesborough and Walton team. We will have two officers – PCs Grewell and Rowe – plus four Police Community Support Officers (PCSOs) including Rob Dabnor.

Speed Watch

Speed Watch is a means of identifying speeding drivers, by issuing equipment to volunteers who then (in conjunction with a PCSO) record details of vehicles which are speeding. The police will then write to the vehicle owner and can take further action if necessary. If you would like to help with this scheme, please contact the Parish Clerk.

Project “champions”

You may have seen the item in the last newsletter asking for “project champions” to come forward with ideas for improvements to the village and its facilities which could be turned into applications for grants. We have had no responses to date but we are sure that there are plenty of good ideas out there. If there is something which you’ve long believed the village needed, but thought we couldn’t fund, please let us have your detailed ideas and costings so that they are ready to put forward if the opportunity arises.

Diamond Jubilee Village Party

Both James Byles and Ray Bradbury have asked if anyone would be interested in organising a Diamond Jubilee Party in the village this year. No responses have been received so far, but we are sure that there are willing helpers who just haven’t got round to replying yet. If you are one of them, please contact James (james.a.byles@accenture.com, or tel: 07970 749422).

DEADLINE FOR NEXT ISSUE

20th February 2012


Contributions should be sent to:

Gill Cannell email: bowbrickhillpavilion@gmail.com

or

Sally Robinson sallyhawtin@hotmail.co.uk

the **500** ASTRA club



A great, fun and rewarding way to support our heritage project, the restoration of All Saints Church Tower.

When all 500 numbers are sold the monthly prizes will be:

1st Prize £125
2nd Prize £87.50
 and
3rd Prize £37.50


Three numbers drawn on the last Thursday in each month at The Wheatsheaf, Bow Brickhill at 8pm

One number costs just **£1** per month payable yearly.

Ask here for an application form or contact:
 Alan Preen 01908 647003 or email astra@bowbrickhill.com.
www.bowbrickhill.com/astra/astra.htm

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The Wheatsheaf

Station Road, Bow Brickhill
 01908 374795

Opening Hours
 Mon-Fri 12noon – 3pm & 5.30 – 11pm
 Sat 11.30am – 11pm
 Sun: 12noon – 10.30pm

Have you tried the new look Wheatsheaf?? If not, pop in & see us! We love new friends! :-)

Some of our Valentines

New Menu Snippets

- Homemade Salmon & Coriander Fishcakes with a Sweet Chilli Dip
- Fricassee of Garlic Mushrooms in a Filo Basket
- *****
- Best End of Lamb with a Quince & Rosemary Jus, Crushed New Potatoes & Veg
- Fillet of Seabass with Salmon Mousse on Wiltd Spinach
- *****
- New York Style Baked Cheesecake with a Fruit Compote
- Vanilla Crème Brulee

Day Specials!

Sharing Platter


- Oysters, Smoked Salmon, Sushi & Marinated King Prawns
- Salmon & Sole entwined with a Ginger and Lime Sauce
- Medallions of Fillet Steak, Glazed Béarnaise Sauce and Roasted Cherry Tomatoes
- Champagne Jelly topped with White Chocolate Mousse
- Heart-Shaped Shortbread with Fresh Strawberries & Double Cream

Spaces are limited and coveted :-)) so book now to avoid disappointment!
 01908 374795

We're very social Creatures don't you know?

Join us on Facebook & Twitter!
 @The Wheatsheaf BB

Shiny New Website!
www.wheatsheafbowbrickhill.co.uk
 Sign up to receive great offers and discounts!

The Wheatsheaf Bow Brickhill 

Danesborough 2012 Inter Village Games

In order to celebrate the once in a lifetime Olympics in London the forum are seeking help to organise a village games.

Open to residents of the four villages we plan to have events for the young and old.

The villages will compete against each other during the two weeks prior to the final event day of 28th July 2012.

WE NEED VOLUNTEERS TO PLAY IN ALL EVENTS

Some dates/events have been finalised as follows -

16th July 2012 - Golf - to be played at Aspley Guise Course

20th July 2012 - Bowls

28th July 2012 - Darts match



28th July 2012 - Tug of War.



Further events to be included (with dates yet to be decided) are cricket, tennis and 5 a side football.

Table Tennis - To be confirmed

We are seeking a village supremo in each village to help co ordinate the activities and that person will need volunteers to select a team to take part in each of the events.

The final event will take place on 28th July 2012 in Bow Brickhill which will incorporate an hour of games for children and a Grand Hog Roast. Tickets will be available at a cost of £5.00 each.

A bench will be supplied to the winning village.

We therefore ask each village to appoint a village captain and a captain for each activity who will then select the teams for their sport.

For more details contact...

Roger Fennemore

MK 586326...roger@fennemore.com

ASTRA

would like to thank you all for a fabulous 2011

To date we have raised a staggering £20,000 in a little over a year and have just £15,000 to go! The conservation costs have been reduced from almost £100,000 to circa £35,000 and we have secured a grant from the Buckinghamshire Historic Church Trust of £5,000 subject to sample mortar jointing being provided

Our stone mason has been instructed for an April start (once the frosts are behind us). We shall be using **Martin McHugh's company 'Piper Scaffold'** and the scaffolding is to be erected around the last week in March at a hugely preferential rate – **Thank you Martin.**

The Archdeacon visited the site this month and gave permission for the new 'waterless' kitchen. This is now installed – **Thank you Steve Flick of Horizon Bathrooms.** A new low-level wall has been built which acts as a service bar/screen and the kitchen has been finished in dark oak laminate flooring in keeping with the main church. The new electric cupboard is now complete which serves to hide a rather unsightly tangle of wires and equipment.

Santa raised more than **£850** in just four hours around the village – to all those who gave of their cash and time most generously a very big thank you.

We had the rather impromptu '**Bah Humbug Auction**' in the restaurant of the Wheatsheaf on **Saturday 21st January** where ASTRA auctioned unwanted Christmas gifts (and other items) in aid of the new 'waterless kitchen' which has cost less than £150 thanks to the generosity of **BucksVision** and the fitting by **Steve Flick!** A Motor Quiz provided a half-time break and overall the event raised a very generous £277.30p (I think the 30p came from Ben Summerfield!! – thank you to him for his enthusiasm and to all who attended for making it such a success)

The "**Burns Night**" supper on **Wednesday 25th January** was another successful event with 40 people joining in the celebrations. A big thank you to Sue, Russell, Jonathan, Sarah, Denise & Simon for all their efforts. There was so much to enjoy; 'a wonderful atmosphere which is so 'Bow Brickhill', lovely hosts & food from Denise, Simon & their team, fabulous music from Sue, Jonathan and the very talented Sarah (she takes after her Mum), a truly impressive addressing of 'The Haggis' by our very own resident Scotsman 'Russell'. Everyone put so much into making the evening a resounding success.

April Events:

14th April (Saturday) Titanic Evening In the restaurant of the Wheatsheaf **£25** for **1st Class** dress up & fine dine or **£17.50** for **Steerage Class** dress down & eat

23rd April (Monday) St George's Day In the restaurant of the Wheatsheaf

So put these dates into your diary now and make sure you share in the fun and help save our unique heritage building.

Thank you - Alan Preen - Chairman

Discover the Marston Vale Line this Winter!

The Marston Vale Line (Bedford – Bletchley) provides the perfect opportunity to banish the winter blues with a great day out!

Milton Keynes & District Model Railway Society Exhibition – 18th February

Our first major event of the year is the Milton Keynes & District Model Railway Society Exhibition on Saturday 18th February at Courtside Sports Hall, Bletchley, (opposite Bletchley station). The exhibition is open from 10 a.m. – 4 p.m. Level access throughout. The event is one of the largest in the area and is now in two halls - 50% bigger than 2011! Admission is as follows (prices held for 2012):

- Adults: £4.00 **£3.50 with valid rail ticket!**
- Children/Concessions: £2.50 **£2.00 with valid rail ticket!**
- Families (2 + 2): £9.00 **£8.00 with valid rail ticket!**

Simply show your valid rail ticket at the door to obtain the discount.

For further information 01908 605417 or www.mkMrs.org.uk.

The Great Escape is Back!

London Midland's award winning Great Escape promotion returns between **Saturday 4th and Sunday 19 February 2012**. Take off for the day for just £15 (£5 for children). Railcard holders get an even better deal at just £9.90. Great Escape tickets provide unlimited off-peak travel all day anywhere on the London Midland network. Destinations include Liverpool, Birmingham, London, Shrewsbury, Worcester, Hereford and Stratford-upon-Avon to name but a few! All easily accessible from the Marston Vale Line with one change at Bletchley. Just visit www.londonmidland.com/tickets-and-fares/great-escape to download a special voucher, take this to your nearest staffed station and away you go! For further information contact London Midland Customer Services on 0121 634 2040.

20% off at Bletchley Park for Marston Vale Passengers!

Bletchley Park is just a few minutes walk from Bletchley Station. The discount is valid on all types of admission charge, adult, concession and family. Admission charges are season tickets giving you free entry for a year from the date of your first visit!

Keep in touch with all our events by joining our postal or e-bulletin; just contact Stephen at the address below to sign up.

Fares

Bedfordshire concessionary travel pass holders travel at half price! The Marston Vale Line is also great value for groups or families with a GroupSave ticket through which up to four adults can travel for the price of two on off-peak services with up to four children traveling with the group for just £1 each – under 5s go free. All tickets can be purchased from the conductor on the train.

**For further information on any aspect of MVCPRP please contact :
Stephen Sleight on 01234 832645, e-mail stephens@bedsrcc.org.uk**



Queen's Jubilee Village Party

Several members of the village have come up with the idea of having a village party to celebrate the Queen's Jubilee on the Bank Holiday of Tuesday 5th June 2012. We are talking of fancy dress, best designed hat competitions, games and fun races, BBQ etc. etc.

If you would be prepared to help on the working committee or on the day, please contact :



Ray Bradbury on MK 370667 or email r.bradbury1@sky.com

THE BOW BRICKHILL CLUB DECEMBER/JANUARY MEETINGS

The Club met on Tuesday December 6th for a very jolly afternoon when after a seasonal buffet lunch we followed with two quizzes and a raffle. This may not have used much physical exercise, but certainly kept the little "grey cells" moving.

The meeting was followed one week later, on Tuesday December 13th, by our Christmas lunch held this year at "The Inn on the Lake" where we enjoyed an excellent meal and a very enjoyable afternoon.

January however, proved to be less fortunate for the Club when, due to coughs, colds and other ailments we had to cancel our January meeting.

Our next meeting will be on **Tuesday February 7th** with a buffet lunch followed by our speaker, Mr. Mike Bartlett of the Bletchley Lyons Club who will be entertaining us with a talk on "The Amber Room" at the Hermitage, Saint Petersburg.

We look forward to a very interesting afternoon in the Pavilion at 1.00pm. on Tuesday February 7th.

Editorial news Joint Editors: Gill Cannell & Sally Robinson

Once again we would like to thank **Ruth Townsend** for toiling over several years of newsletters, trying to fit all contributions economically into the available space, adding illustrations where possible and appropriate.

This task has now been taken on by Ann Sidgwick, to whom we are extremely grateful, and we wish her the very best of luck in this challenging job!

"Hold a Fish and Chip Supper to help spinal cord injured people live full and independent lives."



Great British Fish and Chip Supper – Friday 18th May 2012

Want to do something different? Want to raise money where you live or work? Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 18th May 2012 whilst raising awareness of spinal cord injury and supporting SIA's information and support services.

You can hold a fish and chip supper in your own home, at work or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 7 friends and asking them to donate an additional £5.00 means you will raise at least £35.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA.

Last year we had over 100 suppers taking part in England and Wales and we raised £6,000. In the three years we have been running the event we have raised £20,000 to support spinal cord injured people.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs, and for the rest of their lives by providing services and publications which enable and encourage paralysed people to lead independent lives.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

Community Fundraising Officer, Elizabeth Wright, says, "The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. We are also encouraging people who work to hold a Fish and Chip Lunch in their work places to raise even more funds. You may be even a local community group wanting to run a fun evening with your group.

Be a part of something special and make a real difference to help spinal cord injured people gain access to the information and support they need to enable them to live full and independent lives."

For more information or request a fundraising pack call Elizabeth Wright on 0845 071 4350 or email fishandchips@spinal.co.uk or visit www.spinal.co.uk/fishandchips

ROTARY CLUB OF BLETCHLEY

Presents

THE GRAND SPRING QUIZ WITH FISH & CHIP SUPPER

ON

FRIDAY 30TH MARCH 2012

AT

THE BOW BRICKHILL PAVILION AT 7.00 P.M.

TICKETS £10 EACH (BRING YOUR OWN DRINKS)

IN AID OF

THE ALZHEIMER'S SOCIETY
THE CATS PROTECTION SOCIETY (In memory of Margaret Douse)
And OTHER LOCALLY ROTARY SUPPORTED CHARITIES

Come along for a great fun evening

Challenging, enquiring, intriguing,
exciting and mind-bending

Please phone to reserve your ticket:

Ann Sidgwick Tel 01908 368685



DATE FOR YOUR DIARY

This year's roving supper will be on Saturday 16th June
For further details please contact Mike Hallett
email micafilms@btinternet.com



5 December 2011

Dear Neighbour,

IMPROVEMENT WORKS – BOW BRICKHILL LEVEL CROSSING IMPROVEMENTS

I am writing to inform you that Network Rail will shortly be working on improvements to Bow Brickhill Level Crossing which is close to your property. Furthermore these improvements are a vital aspect of our strategy to provide a safe, reliable and efficient railway fit for the 21st century.

Works will be undertaken from:

23.00 Saturday 11 February 2012 – 03.00 Monday 13 February 2012

There will also be a road closure for the duration of the works with no pedestrian access.

This work will involve the use of lights, generators and hand tools. There will also be materials bought to site for the duration of the works.

Safety is our number one priority and for this reason work of this type must be carried out while trains are not running. Under our licence conditions we are contractually obliged to work, whenever possible, at times that cause the least disruption to train services. Unfortunately, this means carrying out a lot of our improvements during the night and at weekends.

The equipment we use means some disturbance is unavoidable, but we will make every effort to minimise any unnecessary noise. Furthermore, those working on site are briefed on working responsibly in the local community.

I hope this information is helpful and we apologise for any inconvenience these essential works may cause. However, if you have any additional questions or concerns, please visit www.networkrail.co.uk or telephone our **24-Hour National Helpline on 08457 11 41 41**.

Sarah McArdle—Community Relations Manager

08457 11 41 41

Network Rail Community Relations North West
3rd Floor, Square One, 4 Travis Street
Manchester M1 2NY



SuperHome Open Days set to inspire your eco makeover

Interested in making your home one of the most environmentally friendly in your area? This is your chance to talk to someone who has already done it!

Pioneering owners of some of the UK's most energy efficient SuperHomes will be hosting free open days between Saturday 17th March and Sunday 25th March 2012.

SuperHomes are older homes that have been refurbished to the highest standards of energy efficiency – resulting in greater comfort, significantly lower running costs and a reduction in carbon emissions of at least 60%.

SuperHomes showcase a range of home improvements likely to become popular following the launch of the Green Deal in October 2012. The majority of SuperHomes are super-insulated so visitors with draughty old solid wall properties will discover some clever ways to make their home more comfortable in winter. In many cases renewable energy heats water, provides electricity or contributes to space heating.

Attending an open day provides the opportunity to speak to a homeowner who has already done the thinking and undertaken and lived with some major improvements. Who could be better qualified to help you make the right choices?

The SuperHomes website makes it easy to find properties with features you may have on your wish list. SuperHomes open to the public in March, September and at other times by appointment. For more information, or to book to attend an open day, **visit www.superhomes.org.uk**

SuperHomes - opening doors to low energy refurbishment

Photo courtesy of www.superhomes.org.uk

